



California Association of Tactical Officers

## Extra Conference Practical Courses

**Course Name:** Urban Emergency Escape

**Date:** 12/01/2025 - 12/01/2025

**Tuition:** \$50

**Location:** Strategic Operations, Inc (STOPS)  
San Diego, CA 92123

**Instructors:** Dana Vilander

### Course Description:

**This Course covers various methods and devices for LE and SWAT to rapidly evacuate (bail out) from a building when above the first floor.**

#### COURSE TOPICS:

- Application of use for egress devices and techniques
- Overview of each device, inspection and maintenance
- Installing device to the harness
- Anchor fundamentals
- Understanding the limits of each system
- Work positioning and restraint
- Horizontal movement with a weapon
- Edge obstructions - window sill etc
- One/two handed descent
- Lowering, raising
- Ascending
- Repetitions on all devices and techniques

### Training Description:

These courses are only available to users who are registered for the 2025 CATO Conference.

## Register online at [catotraining.org](https://catotraining.org)

Questions? Contact CATO's Training Coordinator  
Desiree Harrington: [dharrington@catotraining.org](mailto:dharrington@catotraining.org)